



Aruba's underwater wonderland



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LIVE ENTERTAINMENT 7 DAYS A WEEK

PROFESSIONAL COMPLIMENTARY
PICTURES ON TUESDAY AND FRIDAY



SUNDAY:	MONDAY:	TUESDAY:	WEDNESDAY:	THURSDAY:	FRIDAY:	SATURDAY:
MARRYBELL MADURO SINGER 6:30 TO 8:30 P.M.	ANDERSON BAHAMON SINGER 6:30 TO 8:30 P.M.	JEAN PAUL SAXOPHONIST 6:30 TO 8:30 P.M.	MAILLEYN ALVARADO VIOLINIST 6:30 TO 8:30 P.M.	MARRYBELL MADURO SINGER 6:30 TO 8:30 P.M.	MAILLEYN ALVARADO VIOLINIST 7:00 TO 9:00 P.M.	RICKY THOMAS GUITAR 6:30 TO 8:30 P.M.



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Newly discovered photos reveal Neil Armstrong's "heroic" return

WAPAKONETA, Ohio — More than sixty years after he narrowly escaped a catastrophic failure in Earth's orbit, a collection of never-before-seen photographs of Neil Armstrong has emerged, offering a raw, unvarnished look at the man who would eventually become the first person to walk on the Moon.

The images, recently given to the Armstrong Air and Space Museum in Armstrong's hometown, show the aftermath of the Gemini 8 mission in 1966. While the world remembers the Apollo 11 mission in 1969 as his greatest achievement, these "lost" snapshots remind historians of the near-fatal event that almost ended his career—and his life—before he reached



the lunar surface.

A Mission in Crisis

In March 1966, Armstrong

and fellow astronaut David Scott completed the first successful docking of two spacecraft. However,

the triumph turned to crisis when a stuck thruster caused their capsule to spin out of control. Armstrong's "quick thinking" helped him regain control and make an emergency landing in the Pacific Ocean, off the coast of Okinawa, Japan. Because the landing was unplanned and far from the main recovery area, there was little media presence. The newly discovered photos were taken by Ron McQueeney, an Army veteran and professional photographer who was part of the recovery team. Dante Centuori, executive director of the Armstrong Air and Space Museum, said that "Sometimes, an incredible event can actually be documented by some of the most ordinary means".

The Man Behind the Image

The McQueeney collection provides a rare look at Armstrong's behavior after a near-death experience. One photo shows an exhausted Armstrong stepping onto a recovery ship. His face shows both relief and the quiet focus he was known for.

These images add to a growing collection of personal archives that have appeared in recent years. In 2018, the Armstrong-Engel Family Gallery shared personal family photos—many taken by his mother, Viola Armstrong—showing the astronaut in everyday

moments from 1955 to the late 1960s. Unlike the official NASA photos of the time, these collections show the "real Neil": a test pilot, a father, and a man who was famously modest about his world-changing accomplishments.

The Value of "Lost" History

The discovery of these photos shows a larger trend in 2025 and 2026. Historical archives are being updated by private donations and digital restoration. From unseen shots of World War II combat to snapshots of Old Dubai before its modernization, the "found photo" helps to correct and humanize the historical record.

For the Armstrong Air and Space Museum, the new Gemini 8 photos are more than just keepsakes. They show the skill that made the Moon landing possible. Museum officials noted that the photos capture the "heroic return" of a man who had just saved a multi-million dollar mission and two lives through his composure under pressure.

A Lasting Legacy

As the 21st century continues, these physical items—film, negatives, and prints—remain the most reliable links to the past. While modern technology like AI is being used to "restore" or even simulate historical events, the authenticity of an original print from 60 years ago is unique.

One art historian noted that "The photographs taken by the Apollo 11 astronauts and the few people who followed them remain unique." They are "the only portraits of our species on another world".

The McQueeney photos remind us that before he was a global icon, Armstrong was a pilot who survived a crisis. The Armstrong Air and Space Museum plans to include these images in a permanent exhibit later this year, so that future generations can see the man behind the visor. □

Paseo Herencia

WEEKLY LIVE SHOWS 8PM

MON	LATIN DANCE SHOW <i>By RCC Aruba</i>
WED	CULTURAL DANCE SHOW <i>By Youth in Action</i>
THU	ACROBATIC PERFORMANCE <i>By RCC Aruba</i>
SUN	VIOLIN SHOW <i>By Angela Flores</i>

WATERSHOWS EVERY NIGHT AT

7:30 8:30 9:30

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Empowering Foundations: Florida Women Lead the Charge in Seminole County Home Build

SANFORD, FL — Beneath the bright Florida sun this past weekend, the rhythmic thud of hammers and the high-pitched whine of circular saws provided the soundtrack for a transformative community milestone. In a quiet pocket of Seminole County, a dedicated crew of volunteers gathered for the latest phase of a Habitat for Humanity project. However, this wasn't just any construction site; it was a "Women Build" event, where local leaders and residents took the lead to construct a home that represents both physical shelter and systemic change.

The project, which gained significant momentum over the Saturday and Sunday work shifts, is part of a broader initiative to address the affordable housing crisis while empowering women to learn and lead in the construction trades. From framing walls to installing insulation, the site was buzzing with energy as women from all walks of life—corporate executives, students, and retirees—donned hard hats and tool belts to make a tangible difference.



Building Beyond Bricks and Mortar

For Habitat for Humanity of Seminole County, the "Women Build" program is about more than just the final structure. It is designed to create a comfortable, non-intimidating environment where women can learn skills that are traditionally male-dominated.

"There is something incredibly powerful about a woman helping another woman achieve the dream of homeownership," said one of the site supervisors. "When we are out here, we aren't just building a house. We are building confidence. We are proving that we have the skills, the strength, and the heart to shape our own communities."

The future homeowner, a single mother who has been working alongside the volunteers as part of her "sweat equity" requirement, expressed overwhelming gratitude. For her, this weekend represented the light at the end of a long tunnel of housing instability. "To see all these women coming out on their weekend to help me build a future for my children... it's life-changing," she said.

A Response to Growing Needs

The timing of this build is critical. Across Florida, rising insurance costs and a competitive real estate market have made the dream of homeownership increasingly elusive for low-to-moderate-income families. Habitat for Humanity's model—which

relies on volunteer labor and no-profit loans—remains one of the few viable paths to stability for many in the region.

This weekend's efforts focused on the critical "dry-in" phase, ensuring the structure is weather-tight. Despite the heat, the morale remained high. Local businesses contributed by providing water, meals, and even professional mentors to guide the less-experienced volunteers through the nuances of residential construction.

The Impact of "Women Build"

The "Women Build" movement has a long history of success within the Habitat for Humanity framework globally, but the Seminole County chapter has seen a particular surge in participation this year. Organizers attribute this to a growing desire for community connection in a post-pandemic world.

"People want to see the direct impact of their work," noted a community outreach coordinator. "You can donate money, and that's wonderful, but when you spend eight hours lifting lumber and leveling beams, you leave with a sense of

accomplishment that stays with you. You can point to that house years later and say, 'I helped put that roof over a family's head.'"

A Future Built on Stability

As the sun began to set on Sunday evening, the progress was visible. What started the week as a concrete slab and a pile of lumber had transformed into the recognizable skeleton of a home. The site was cleaned, tools were stowed, and the volunteers shared a final moment of reflection before heading home.

The completion of this home is scheduled for later this year, at which point a local family will receive the keys to a new life. Until then, the "Women Build" participants will continue their work, one Saturday at a time, proving that when a community works together, the foundation they lay is unbreakable. For those looking to get involved, Habitat for Humanity of Seminole County continues to seek volunteers and donations to fund upcoming phases of the project. No prior construction experience is required—only a willingness to learn and a desire to build a better Florida. □

Sweet Tradition Returns: New York State Kicks Off Annual 'Maple Weekend' Celebrations



ALBANY, N.Y. — The air across Upstate New York carried a distinct, sugary scent this weekend as the state's annual Maple Weekend officially kicked off. From the rolling hills of the Hudson Valley to the snowy ridges of the North Country,

family-owned sugar shacks opened their doors to thousands of visitors, marking the traditional start of spring in the Empire State.

The event, organized by the New York State Maple Producers' Association, is a celebration of New York's sta-

tus as one of the world's top producers of maple syrup. For many local farms, this weekend is the busiest time of the year, offering a rare "behind-the-scenes" look at the labor-intensive process of turning clear tree sap into liquid gold.

From tap to table

At participating farms, the primary draw was the live demonstrations of the evaporation process. Visitors gathered around roaring wood-fired evaporators, watching as steam billowed from the roof vents while sap was boiled down into thick, amber syrup.

"People don't always realize it takes 40 gallons of sap just to make one single gallon of syrup," explained one

fifth-generation producer in Western New York. "Showing kids the trees, the taps, and the boiling process helps them connect with where their food actually comes from. It's not just a bottle on a grocery shelf; it's a product of the land and the weather."

The "sweet spot" for maple production requires a specific weather pattern: freezing nights and thawing days. Producers noted that while the season's start was unpredictable due to fluctuating temperatures, the quality of this year's "first run" has been exceptional, yielding light, delicate syrups highly prized by connoisseurs.

A community feast

Beyond the education, the weekend was a culinary festival. Local fire halls and farmhouses hosted massive pancake breakfasts, serving up stacks of fluffy cakes drenched in fresh-off-the-evaporator syrup.

Agritourism remains a vital economic driver for rural New York, and Maple Weekend is a cornerstone of that industry. Visitors weren't just buying syrup; they were stocking up on maple cream, maple-infused coffee, granulated sugar, and even maple popcorn. For many families, the trip has become a multi-generational tradition, signaling the end of a long winter and the awakening of the agricultural season. □

Can nations save the shorebird that flies 30,000 km a year?

Rio de Janeiro, Brazil

Chasing an endless summer, one shorebird species undertakes a grueling annual journey from the Arctic to the tip of South America and back -- a feat increasingly fraught with peril.

The Hudsonian godwit (*Limosa haemastica*) is one of the world's most remarkable travelers, but its population has plunged 95 percent in four decades due to a complex mix of environmental changes across multiple countries.

It is one of 42 species proposed for international protection at a meeting of parties to the UN Convention on the Conservation of Migratory Species (CMS) that starts in Brazil on Monday.

Iconic creatures like the snowy owl -- of Harry Potter fame -- striped hyena and hammerhead shark are also on the list deemed in danger of extinction and needing conservation by the countries they pass through.

Migratory birds are facing "rapid and dramatic declines," said Nathan Senner, an ecologist and ornithology professor at the University of Massachusetts Amherst who has studied the Hudsonian godwit for 20 years.

Scientists are still unraveling the mysteries of the shorebird -- which can fly up to 11,000 kilometers (6,800



Handout picture released by the Macaulay Library at the Cornell Lab of Ornithology, shows a Hudsonian Godwit on Minimoy Island in the Monomoy National Wildlife Refuge, Massachusetts, US on August 21, 2017.

miles) in one stretch without stopping to eat, drink, or sleep.

And it is only part of the 30,000 kilometers (18,600 miles) that the godwit travels every year from their breeding grounds in the Arctic to Patagonia where they spend the southern summer.

- Disrupted migrations -

In order to do this "epic flight," they need "really predictable, abundant food resources" at every step of the journey, Senner told AFP.

That predictability is crumbling.

In the Arctic, shifting spring timing attributed to climate change has created a

mismatch between when chicks hatch and the peak availability of insects they feed on.

One of the puzzles Senner is currently working on is why Hudsonian godwits have begun migrating later by six days than they did a decade ago.

Something "has either disrupted the cues that they use to time their migrations or their ability to successfully and rapidly prepare for the migration," he said.

In southern Chile, a boom in salmon and oyster farming has led to a build-up of infrastructure and the presence of people in the intertidal zones where they feed.

And in the United States,

changes in farming practices are making the shallow water wetlands that the godwits rely on rarer and less predictable -- meaning they spend more time looking for a place to stop and feed.

"I think that is emblematic of lots of species, that most species can respond to one kind of change, but not a whole bunch of them all at the same time," said Senner.

- Essential to ecosystems -

"Climate change is taking a heavy toll on species that rely on a 'geological clock' for their survival; many are disappearing," Rodrigo Agostinho, president of Brazil's environmental agency

(Ibama), told AFP.

These are some of the issues CMS parties will tackle at their meeting in Brazil's biodiversity-rich Pantanal, one of the world's most important global meetings for wildlife conservation.

These countries are legally obliged to protect species listed as at risk of extinction, conserve and restore their habitats, prevent obstacles to migration and cooperate with other range states. Nevertheless, among the species listed under CMS, a report released earlier this month showed that 49 percent now have populations that are declining, up from 44 percent two years ago.

Amy Fraenkel, CMS executive secretary, told AFP that most of the species doing worse were birds, such as the Hudsonian godwit.

She said the situation was also "particularly alarming" for fish species, with 97 percent of those listed under the treaty threatened with extinction.

Migratory species "are essential to healthy ecosystems and a healthy planet," playing a key role in pollination, pest control and transporting nutrients, she said.

In a piece of good news, the meeting will propose removing Central Asia's Bactrian deer from its list of animals needing high protection, due to an increase in its population. □



The Trainium2 chip (L) and the Trainium3 chip (R) are shown at Annapurna Labs in Austin, Texas, on February 3, 2026.

Washington, United States

Elon Musk announced Saturday a plan to make chips for artificial intelligence, robotics and data centers in space, in the latest bold

project by the world's richest person.

The "Terafab", a manufacturing facility based near Austin, Texas, will aim to produce one terawatt of

Musk launches 'Terafab' project to make own AI chips

computing power per year, Musk said.

A terawatt is equivalent to one trillion watts. That is slightly less than the total power generation capacity of the United States, according to an industry group.

Musk said the project would be run jointly by his electric-vehicle firm Tesla and his rocket company SpaceX. He did not disclose the initial investment. Previous US media reports have put the figure between \$20 billion and \$25 billion.

Musk, who has no prior ex-

perience in semiconductors, said the Terafab was necessary because Tesla and SpaceX's demand for computing power was expected to far exceed that of global chip suppliers.

"We're very grateful to our existing supply chain, to Samsung, TSMC, Micron, and others... but there's a maximum rate at which they're comfortable expanding," Musk said.

"That rate is much less than we would like... and we need the chips, so we're going to build the Terafab." An "advanced technology fab" in Austin will have the

facilities to design, manufacture, test and improve each chip, Musk said.

Eventually, the project aims to make chips to support 100 to 200 gigawatts of computing power on Earth, and a terawatt in space.

Musk did not give a timeline for the Terafab's output, and has previously promised grand results from other projects on compressed time scales.

He said the Terafab would ultimately help humanity become a "galactic civilization" capable of harnessing the resources of other planets and stars. □

In Finland, divers learn to explore icy polar waters

Kilpisjärvi, Finland

In a square hole carved out of the thick ice, two divers vanished into the depths of an Arctic lake, leaving nothing but bubbles at the surface.

Returning 45 minutes later, Marta Lukasik tapped her fist on the top of her head -- a diver's signal that means "I'm ok".

On the frozen Lake Kilpisjärvi, just below the tree line at the intersection of the Finnish, Swedish and Norwegian borders, 12 divers were taking a course to learn how to dive in polar regions so they could carry out scientific research. "Just wow, every small thing you see in the water... Just wow," said Lukasik, a 41-year-old oceanology PhD student who works as a diving inspector on fish farms in Norway, mesmerised by the experience.

For 10 days, the international group from different professions and backgrounds learnt vital skills below the 80 centimetres (30 inches) of ice covering the lake. According to Erik Wurz, coordinator of the programme run by the Finnish Scientific Diving Academy which is part of the University of Helsinki, there is a critical need for skilled people who can conduct research in demanding polar environments. Climate change is warming and transforming the Arctic and Antarctic at a faster rate than the rest of the planet.



A participant in the Polar Scientific Diving program takes ice samples during a 45-minute-long diving session, at the Kilpisjärvi Biological Station in Finland on March 14, 2026.

"There's still a lot of questions to be covered in the polar regions and access is very limited," said Wurz, stood next to two large holes cut into the ice and a pitched wind shelter.

"The number of scientific divers that can go under the ice is even more limited," he added, estimating there to be only around 100 to 200 people globally.

- Teamwork -

Wearing dry suits to fend off the 2 degrees Celsius cold in the water, the divers arrived on snowmobiles at the site, located close to the University of Helsinki's biological station at the foot of the Saana mountains.

Ruari Buijs, 21, checked his course mates at the "base Al-

pha" hole to make sure they were ready to dive, before helping them slide into the water with steel gas cylinders on their backs and torches attached to their arms.

"I think the most important thing is definitely teamwork," noted Buijs, who studied marine biology and oceanography at the University of Plymouth in Britain, as the divers disappeared.

"For instance... if there's low visibility, there's always a line back," he said, indicating a yellow, 50-metre (165-foot) safety line in his hand, the other end tethered to the diver underwater.

A light attached to a steel tank flickered in the clear water -- a sign post for the divers if they become disoriented.

With only two holes for entry and exit, the biggest challenge for the divers was "the overhead environment they are getting into", Wurz said. "They are going into an ice cave."

- 'Critical point' -

The day's task was to practice drilling a sample of the ice sheet, so-called "ice coring", explained Caroline Chen, 23 -- a Canadian trained scientific diver and research assistant at the University of Hamburg.

"Sometimes you bump your head, I'm still getting used to this," she said.

In this "safe setting", the divers were training to be "confident when they are deployed to Antarctica" or any polar expedition where they

would not have the luxury of warm buildings and showers nearby, Wurz said.

Have finished the course, Wurz joined an expedition to the Antarctic research station Scott base, 1,350 kilometres (840 miles) from the South Pole.

"We are at a really critical point in time because the polar regions are changing very fast," Wurz said.

"There are huge areas of shelf ice breaking off...that has not happened before at such a fast rate," he added.

An AFP review of U.S. data showed in March that Arctic sea ice is headed for one of its smallest winter peaks on record due to human-induced warming.

"We need to get samples and reliable data from these regions because they are the fastest changing on the planet in the warming ocean," Wurz said.

Still beaming after her dive, Lukasik described how the sun piercing through layers of snow and ice had created rays in the water.

"You need to be a little crazy to go into that environment," Buijs said with a smile.

"I think it's the second most hostile environment known to man, apart from the vacuum of space," he said, adding that he hopes to work as a marine biologist on the islands around Antarctica.

"It's like a whole new world, and I would love to explore that." □

Minecraft to come to life with U.K. theme park



Lego Minecraft is seen during 2025 Comic-Con International: San Diego preview night at San Diego Convention Center on July 23, 2025 in San Diego, California.

London, United Kingdom Britain is to welcome the world's first Minecraft roller-coaster and attractions

with the opening of "Minecraft World" in 2027, the studio behind the video game announced Saturday.

"Merlin Entertainments and Mojang Studios have today announced Minecraft World, the world's first fully immersive Minecraft theme park land," the Sweden-based video game developer and UK theme park company said.

The £50-million (\$66.6 million) project will be part of the Chessington World of Adventures Resort, a theme park complex southwest of London.

It will be inspired by the "bi-

omes, mobs and items" of the beloved Minecraft universe, according to a press release, and will feature a coaster, "block built play-scapes" and themed retail and dining.

The attraction builds on the popularity of one of the best-selling video games of all time in which players build a three-dimensional world.

Minecraft was first made available on computers in 2011 and has since been released on mobile phones and several gaming consoles.

"A Minecraft Movie" proved a box office hit last year, becoming the most successful film adaptation from a video game in North America and generating memes and TikTok trends that went viral worldwide.

UK cinemas had to restrict audiences from partaking in a viral "chicken jockey" trend arising from the film.

"Minecraft World represents a meaningful milestone in our ongoing journey to expand the Minecraft universe," said Torfi Frans Ólafsson, senior creative director for entertainment at Minecraft. □

India to tackle global obesity with cheap fat-loss jabs

Mumbai, India

A deluge of weight loss drugs is set to transform the global fight against obesity as India prepares to unleash low cost generic versions of injections like Ozempic after a key patent expired Friday.

The move will dramatically widen access to treatments that have long been considered a luxury, especially in middle-income countries, where soaring demand has collided with steep prices.

At clinics across Mumbai, doctors say they are already preparing for an influx in new patients.

More than 50 people walk into endocrinologist Nadeem Rais's office every week seeking weight-loss injections.

"We have around 70 to 80 patients on active treatment right now," he told AFP.

"When generics come out and prices drop, that could go up to 200 easily."

His colleague Sunera Ghai agrees saying that demand is "very high" but many "probably aren't taking it just because it is truly a luxury item at this point".

The breakthrough comes as patents on semaglutide -- the active ingredient in drugs such as Ozempic and Wegovy -- expired Friday in India, the world's largest supplier of generic medicines. By the end of 2026, core patents on semaglutide will have expired in 10 countries that represent 48 percent of the global obesity burden, according to a study published earlier this month by researchers.

These include Brazil, China,



A medicine distributor displays packs of Ozempic and Wegovy self-injecting (semaglutide) GLP-1 prefilled pens at his office in Thane on March 20, 2026.

South Africa, Turkey and Canada, the study said.

- Launching soon -

For India's drug giants, this marks the start of an aggressive new race.

At least four major firms have already prepared generic semaglutide injections, regulatory filings and compliance documents viewed by AFP show.

Some, including Zydus Lifesciences, have announced "Day 1" launches, suggesting generic versions may become available as soon as this weekend in India.

Research firm Pharmarack estimates the Indian market will soon be flooded with options.

"What we understand is, there will be more than 50 brands that will be launched in the market and there are

more than 40 players who will be launching these drugs," Pharmarack's vice president Sheetal Sapale said.

The timing aligns with India's shifting health landscape. While the country still accounts for a third of the world's undernutrition according to the World Health Organization (WHO), rising incomes and urban lifestyles have pushed obesity rates sharply upward.

Government data released March last year shows 24 percent of women and 23 percent of men are overweight or obese in India.

"Once a person starts earning money, he becomes more sedentary here," says bariatric surgeon Sanjay Borude.

"While in first-world countries, the more the money, they

become more active and devote time for their health, this is reversed in India."

These flipped economics have worked well for big pharma players like Eli Lilly and Novo Nordisk who have been cashing in on the market.

India's weight loss drug sales have grown tenfold in five years to \$153 million as of 2026, and are projected to soar to over half a billion by 2030.

But using such drugs can cause side effects including nausea and gastrointestinal issues.

- Breaking price barrier -

Eli Lilly's Mounjaro became the country's top selling drug by value last year, surpassing even common antibiotics. Still, high prices -- often 15,000 to 22,000 rupees (\$161-\$236)

a month -- limit access, says Swati Pradhan, who runs a weight-loss clinic in Mumbai. She expects patient numbers to rise once generics push treatment costs closer to 5,000 rupees (\$60) a month. The global impact may prove even more profound. India supplies more than half of Africa's generic medicines, and cheaper semaglutide could become a lifeline for countries where obesity is rising rapidly but treatment remains unaffordable.

"Lower cost semaglutide could significantly expand access to effective treatment particularly in middle-income countries where price has been a major barrier," Simon Barquera, president of the World Obesity Federation, told AFP.

"But medication alone will not reverse the global rise in obesity. Obesity is a complex, chronic disease," he said, noting the importance of prevention efforts and healthier environments. Indian firms will be a key driving force, with Dr Reddy's Laboratories aiming to launch its version of semaglutide in Canada by May 2026. For patients like 46 year old Sukant Mangal, who lost nearly 30 pounds in eight months, wider access could not come soon enough. Many he knows simply abandoned treatment mid way when they realised they would have to spend 20,000 rupees (\$214) a month for seven to eight months. "Had it been cheaper, (it) would've been much easier to have it." □

King Harold's 200-mile march to Battle of Hastings a 'myth': research



A handout photo obtained on January 17, 2018 from the Bayeux town hall shows the Bayeux Tapestry, which dates from around 1077 and depicts the Battle of Hastings when William the Conqueror, the duke of Normandy, defeated English forces in southern England.

London, United Kingdom

King Harold's legendary 200-mile march across England to the Battle of Hastings in 1066 is a "myth" that likely never happened, according to research published Saturday. In arguably the most famous battle in English history, the Anglo-Saxon leader was defeated by William the Conqueror, who became the first Franco-Norman king of England, at Hastings on October 14, 1066.

The decisive clash, which marked the start of the Norman conquest of England,

is depicted in the Bayeux Tapestry, set to be brought to London from France this year.

Ahead of the tapestry's exhibition, starting in September 2026, new research from the University of East Anglia (UEA) revealed that the tale of Harold's famed march to the fight was a "misunderstanding".

The account of the march, as taught in British classrooms and museums, rests on what a UAE historian argues is a misinterpretation of the Ang-

lo-Saxon Chronicle, a written record of medieval English history.

The Chronicle recounts that Harold's ships "came home". For at least 150 years, historians understood that to mean the king dismissed his fleet in September 1066.

That shaped the narrative that Harold and his troops were forced to march over 200 miles (320 kilometres) from Stamford Bridge in Yorkshire in the northeast to Hastings on the south coast to ward off the Norman invasion. □

Aruba's underwater wonderland



(Oranjestad)—Exploring the underwater wonders is something you should definitely do during your stay in Aruba. The underwater world has everything to offer that makes a snorkel trip so exceptional; an impressive, colorful sea life with exotic fishes, turtles and beautiful coral reef. The historic shipwrecks, located on the Aruban seabed are also worth a visit. Aruba is known for its white beaches and blue oceans, which means there are many fascinating under water spots you can explore. So take your snorkeling gear and visit some of these top places for underwater exploration.

Tres Trapi

'Tres Trapi' means three steps in Papiamentu. The beach is called Tres Trapi because it is accessible by a tiny stairway carved into the rocky coastline. Tres Trapi is a small beach, located on the north-western side of the island, an approximately 5 to 10 minute drive from Palm Beach. From the unique steps you walk right into the clear and turquoise blue ocean. While you're snorkeling, you will encounter all kind of tropical fishes and sea stars. The kind of starfish you will find in the Aruban waters is the red cushion sea star. This is a starfish that is commonly found in the shallow waters

of the Caribbean Sea and if you are lucky during your snorkeling visit to Tres Trapi, you may come across one of the green sea turtles. Respect the animals, keep your distance and just enjoy the view. Also remember; it is a once in a life time experience.

Antilla shipwreck

Antilla is a 400-foot-long long ship, built in 1939 in Hamburg, Germany. Antilla came to Aruba, because it had to find a neutral port. When Germany invaded the Netherlands on May 10, 1940, the crew decided to let their own ship sink, to prevent it from falling into the hands of the Dutch Navy. Antilla lies on its portside in Malmok bay, and the sunken WWII ship is now one of Aruba's most popular snorkeling and dive spots. However, the ship wreck can only be reached by boat. The ship is visible from the surface and during your snorkeling trip you be surrounded by hundreds of tropical fishes, but the ship wreck alone is already impressive enough.

Baby Beach

Baby beach is a lagoon with crystal blue ocean. The beach is located on the southern part of the island. On the way to the famous beach, you will drive through the old capital of

Aruba, San Nicolas. The old Aruban culture can be still felt and experienced here, so do not hesitate to get out of your car and walk around for a while. Baby beach is a child friendly beach, since it is shallow and the water has a pleasant temperature. The name therefore fits well with the beach. Further in the lagoon, you'll find a lot of people snorkeling. This is an excellent spot to go under water exploring—but do take care not to go too far out; outside the lagoon the waves can be pretty rough! In the lagoon there is an area marked until where it is recommended to snorkel and on the beach you will find different facilities. It is a perfect beach to spend your day snorkeling and relaxing.

Mangel Halto

Mangel Halto beach is located in Savaneta, on the southern-west part of the island. The beach is different from the other beaches in Aruba; it is beach full of mangroves. The main entrance to reach the beach is through a small bridge



that takes you through the mangrove trees. There are diverse spots where you can enjoy a perfect beach day, accompanied with wooden stairs built to allow easy access to the water and a dock to sit on and enjoy the view. Mangel Halto is also worth a visit for

the snorkeling experience. Inside the bay, the water is clear and you'll find many colorful fish. Outside the bay is a bit more challenging for beginners because of the wind and the waves, but the coral is alive and it is snorkel heaven. □



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A quick snack for the road

Learn how to make the Aruban Pastechi!

(Oranjestad)—If you ever been to Aruba before, you probably heard of (and even tried) the Aruban Pastechi. Beloved by young and old, this tasty treat is a staple for party snacks, a quick lunch or even breakfast!

Here's how to make the Pastechi dough.

Ingredients:

- 4 cups of wheat flour
- 1 tbsp baking powder (if using self-rising flour, omit baking powder)
- 1 tsp salt
- 1 tbsp sugar
- 0.5 cup of melted butter
- 1 cup water
- 1 egg

Directions:

Sift your flour into a bowl and add all the dry ingredients before giving it a quick mix. Next add the butter, water and egg and mix until thoroughly combined. At this point, your dough will start to get sticky; time for an arm workout. Knead your dough into the bowl you

are using or on a clean surface with some flour lightly dusted until its surface is smooth. You'll know your dough is ready when it doesn't stick to your hands or the surface on which you're kneading it. Let your dough rest covered for 15-20 minutes.

After resting, divide your dough into approximately 100 gram balls and roll it flat with a rolling pin. The thickness of the pastechi depends on your taste, but the average thinness would be around ¼ inch or so.

Filling for the pastechis varies according to your taste. The easiest and most common filling you'll find in Aruba is a simple cheese filling. For this, we usually use shredded Gouda, but feel free to use any cheese that melts well when frying the pastry.

Place the filling on your rolled out piece of dough, fold it in half and pinch the sides shut with a fork. If you have a folding tool, feel free to use it for this process. Your pastechi is ready for the fryer!



If you want to store some pastechis for later use, you can freeze them. A good tip is to place a piece of wax paper in between each pastechi if you are to store them on top of one another. This way the pastechis don't stick to each other when defrosting.

Here in Aruba we enjoy pastechi at any time of the day, but it has become almost tradition to eat pastechis for breakfast on the way to work. Many roadside snack trucks sell pastechi from early morning to noon, and offer a variety of fillings like cheese; ham and cheese; ground beef and pulled chicken to name a few. □

Rock stacking and its harmful effects



(Oranjestad)—The organization Aruba Birdlife Conservation has in the past raised concerns about the phenomenon of “rock stacking” in the area of Baby Beach and warned about the dangers it poses, especially for children.

illegal in Aruba, but its impact on nature is harmful as the stones form part of the natural habitat of small animal species living in Aruba's wilderness. Experts warn that “rock stacking” could even lead certain species to extinction.

As known, “rock stacking” is not

In Aruba, much of the “rock stack-

ing” also occurs near Arikok National Park. Although this activity is not illegal in Aruba, it may be time for park authorities to impose stricter regulations on this activity. Tourists often believe that the meaning behind this activity is making a wish, but they do not realize its negative impact.

Aruba Birdlife Conservation's post not only raises alarms about the activity but also now that this phenomenon has reached Baby Beach, some of the stacked stone towers are up to 1.7 meters high, which can be very dangerous, especially for children. □



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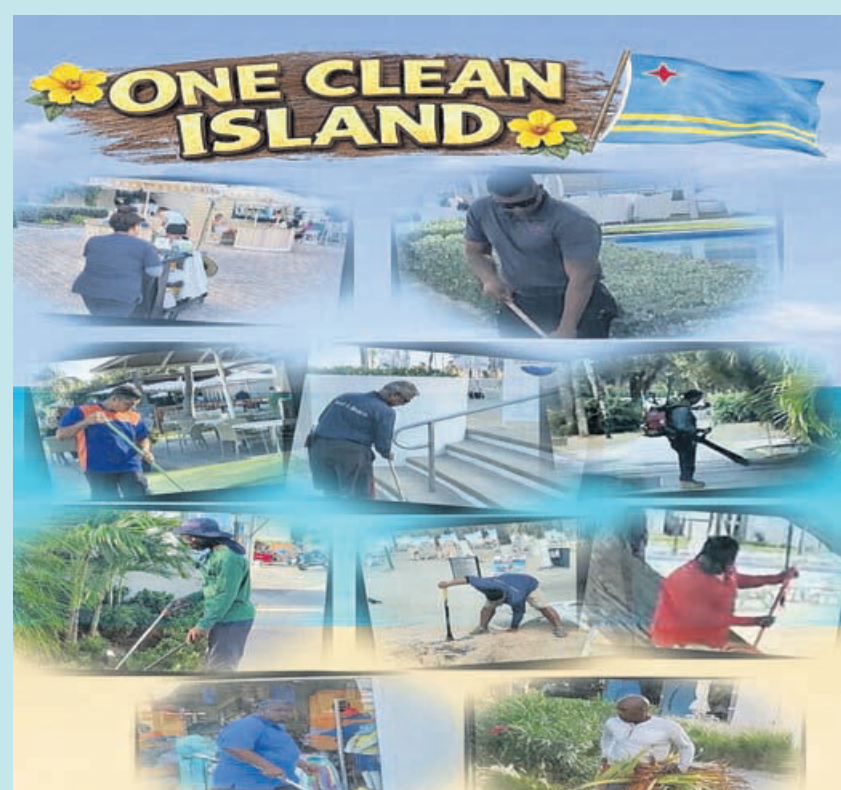
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Aruba to me: The unsung heroes

ORANJESTAD — You are back and we would like to portrait you! By inviting you to send us your favorite vacation picture while enjoying our Happy Island.

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Last but not least: check out our website, Instagram and Facebook page! Thank you for supporting our free newspaper, we strive to make you a happy reader every day again.

For today we received a lovely message from Mary Alhart, of Pittsford, NY.

She wrote to us saying: "Aruba to me are the unsung heroes who work in the early dawn hours to make Aruba "One CLEAN Island!" These photos are just a few of the many workers I see every day on my morning walk. Thank you for keeping Aruba safe and beautiful!"

Thank you for sending us this wonderful message sharing what Aruba means to you with us and our readers! ☐

The Bushiribana Gold Mill Ruins and its history



(Oranjestad)—The Bushiribana Gold Mill Ruins is one of the most visited places by tourists on the island, as it lies along the northern coast line near the mini pool and on the way to the Natural Bridge. Despite its seemingly plain appearance, this ruin represents one of the most important histories of the island: The Aruban Gold Rush.

Built in 1872 by English company Aruba Island Gold Mining Company Ltd, the gold mill at Bushiribana was constructed in the area where most gold was found by locals. The story of gold on Aruba actually dates back to 1725, when a first

exploration for gold on the island was commissioned by the Dutch West India Company. Under the leadership of Mr. Paulus Printz, a three-year search was conducted on Aruba, to no avail. Though they found some gold, it was enough to motivate a further search, and the assignment was discontinued by Printz himself.

It wasn't until 100 years later, in 1824, when a young boy found a lump of gold while out herding his father's sheep. His father took it to a local merchant who then sold the lump for \$70. Unbeknownst to the boy and his father, they quite literally struck gold, and as word

got out, a gold fever spread among the locals who started searching for more gold. About 25 pounds worth was found.

At the same time, the Aruban government took immediate actions, and informed Curacao that gold was found. At first, everyone could look for gold, as long as they sold it to the government. However, after some time, the government decided to implement stricter rules and banned local search parties.

Over the years, concession-holding had seen different companies from around the world, all of which used



Administration Buildings at Gold-plant



primitive methods to dig and carve out gold from the rocks. Aruba Island Gold Mining Company Ltd. was no different, but used a unique method that involved grinding the rocks and letting the dust be blown away by the strong northeast wind, leaving clumps of gold behind. The next step was melting the gold and letting it attach

to quicksilver in order to obtain pure gold. All these processes were done at the Bushiribana Gold Mill.

The gold mill itself had a short life-span: only 10 years in service, but its structure remained relatively solid till this day, and is now a historical remnant. □

Sources: Etnia Nativa

How Aruban beaches came to be!

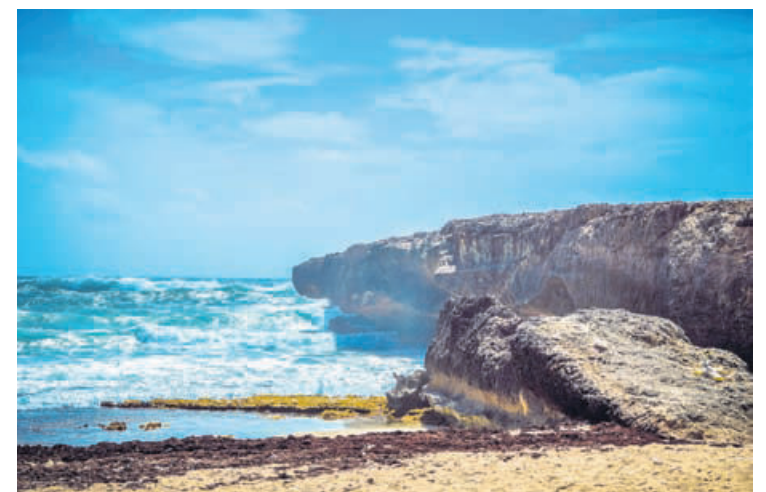
(Oranjestad)—We've talked about the best beaches to visit on the island before, but have you ever wondered how Aruba got its white, sandy beaches, and why there's a clear difference between the northern and southern shores? Here are some fun facts about the development of Aruban beaches. How did Aruba get

its white, sandy beaches?

Aruba's beaches have developed over the span of thousands of years. Waves crashing on the rocky formations along our coast line (which consists mainly of coral reefs) have started to wear and tear the reefs over time, resulting in its gradual breakdown. Fish that feed

off corals also contribute to this—one small bite at a time. Over the course of thousands of years, as waves continue to crash and fish continue to eat off the corals, sand starts to accumulate around the area. However, whether the sand stays there is another question to be answered, and this is where we highlight the biggest difference between the northern and southern coast of the island.

The sand that accumulates around a torn coral reef is swept away along with the debris by the ocean stream. However, in areas where it's shallow and the stream is weaker, the sand tends to stick to the bottom faster. This is why the beaches in the south—the areas with weaker stream and shallow-



er ocean floors—has sand that stretches for miles. In contrast, the northern area, where the stream is much stronger and the ocean floor is much deeper, there is no sand present—they were swept away with the current!

Why is the north deep, but the south shallow?

Aruba is a continental island. The island actually forms

part of South America, and the space between Aruba and the South American continent is simply referred to as land that runs under the ocean. This is why it gets gradually deeper in the south, whereas the ocean floor in the north runs steeply to the bottom. □

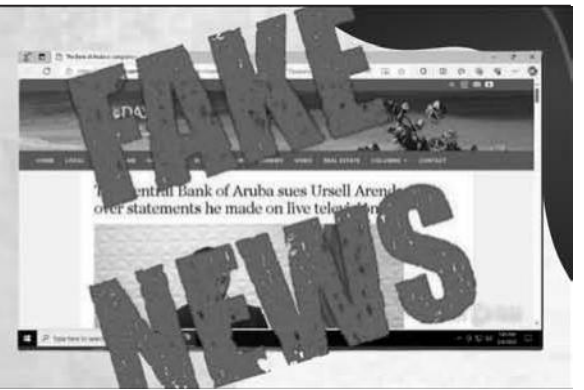
Source: archival document provided by the National Archive of Aruba (ANA).



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Aruba's cultural and literary development: Then and now

(Oranjestad)—The Aruban culture has seen many substantial developments over the course of a century. With the introduction of the Lago Refinery at the turn of the 20th century, followed by the breakout of the Second World War and the general incentive for political independence during the mid-century, a cultural identity on the island began to take form and have since developed through international and local influences.

In the pre-industrial era of the 19th century, much could not be said about a cultural identity on the island. Still being a part of a Dutch colonial territory at the same, as well as not having political or economic autonomy (Curacao was the center of commerce, cultural life, and political management of the Netherlands Antilles at the time), the small population of Aruba consisted mostly of farmers and fishermen, tending to their crops and their cattle, or going out to fish to provide for their family. As Quito Nicolaas states in his article *Historia di Literatura Arubiano: E Bida Cultural* (Literary History of Aruba: Cultural Life), "during the pre-industrial period, there were no significant economic activity that could have created a cultural ambience, with only one way to generate profit at the time for the sub-existence of Aruban families."

It wasn't until the introduction of the Lago Refinery in San Nicolas in 1928, that the island saw a small boom in cultural manifestations and entertainment, as farmers left the 'cunucu' (country) life to work in the refinery, which resulted in Aruba acquiring a different



economic pillar. Before this, entertainment and cultural manifestations were mostly experiences by local parishes and the island's elite, who often partook in cultural and entertaining activities around the island, like going to the movie theater or coming together to share poetry on Sundays after church.

Literary life

Throughout the 19th century and up until the 1940s, there were also not much trace of a cultural climate for the cultural-literary sector on the island. Primary education was introduced on the island mid-19th century, followed by secondary and higher education around the late 30's and 40's. It wasn't until the 1950s, with the introduction of the E.R.N.A agreement in 1951 and the signing of the Statute in 1954, which allowed more space for and control over the economic and cultural development of Aruba, that the literary life on the island began to grow substantially compared to decades before. This was in response to local institutions established in the 1940s for cultural and literary growth on the island, but that did not yet capture the attention of the gener-

al public. The 1950 brought with it a boom of literary production on the island, like those of V.S. Piternella, as well as migrant authors José Ramón Vicioso y Rings William Rufus, who have also contributed to the literary development on the island. The literary movement was further promoted by local broadcasters Voz di Aruba and Radio Kelkboom, with their regular broadcast of literary works.

The 50s and 60s also saw the influence of international cultures, especially that of the United States. During this time, because of international influences as well as the continued prosperity

of the oil refinery, cultural traditions in Aruba began to really take form and become widespread, as different worldly and local concepts were introduced in the Aruban society. With the establishment of local television broadcast station Tele-Aruba in 1963, and with time and possibilities, local programs such as "Nos Tera" ("Our Land") started to pay more attention to the Aruban culture and worked to form a cultural consciousness in the community. The 1960s also saw the rise of local authors and artists, who were more comfortable in producing works in our native tongue, Papiamentu, but who also

produced works in Spanish, English and Dutch. This new phenomenon was in response to the interaction between economic growth, individual prosperity, cultural life and literary expression.

The 21st century

Nowadays, international influence on our culture is still prevalent, especially those from Latin America, the United States and The Netherlands. Nevertheless, there also exists a strong cultural identity and traditions that are exclusive to the Aruban culture, often manifesting during traditional celebrations, like Dia di San Juan/ Dera Gay (St. John's Day), Dia di Himno y Bandera (National Hymn and Flag Day), Camping during Easter and much more. With the surge of social media in the last decade, artistic voices, especially those of the younger generation, has become even more prevalent and easily accessible to the community of Aruba through online platforms such as Facebook, Instagram and TikTok. □

Source: *Historia di Literatura Arubiano: E Bida Cultural* by J.R. "Quito" Nicolaas



CROSSWORD

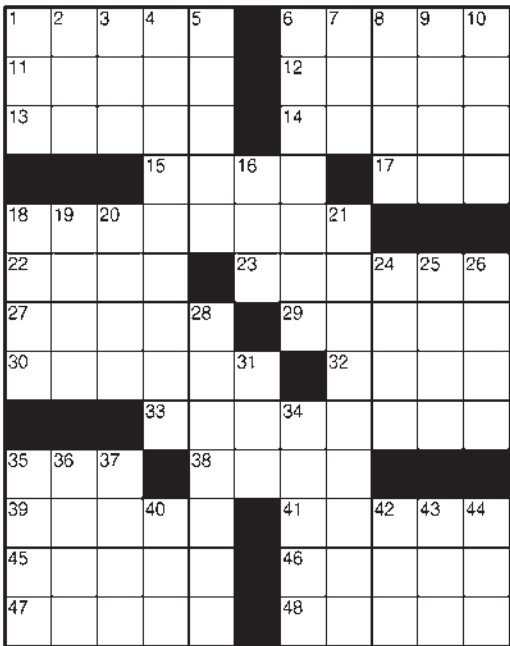
By THOMAS JOSEPH

ACROSS

- 1 Hawaiian greeting
6 Uttered
11 Seasonal song
12 Not dozing
13 School paper
14 Old photo tint
15 Historic periods
17 Finish
18 Nonsense
22 Corridor
23 Forces in the water
27 Hitter's turn
29 Razor sharpener
30 Tidy up
32 Moreno of movies
33 Typographical face
35 Vault part
38 Spur on
39 Perfect
41 Brother's daughter
45 Distress signal
46 Mosque faith
47 Scout shelters
48 Poker stacks

DOWN

- 1 Play division
2 —
3 Smelter supply
4 Diamond feature
5 Watchful
6 Feudal toilers
7 Need to pay
8 Matador's need
9 Related
10 Main role
16 Pound sound
18 Action star
19 Tardy
20 Jessica of "Sin City"
21 Culture setting
24 Rocker Clapton
25 Dorothy's dog
26 Reach across
28 Places of worship
31 Neither follower
34 Bar mixer
35 Schism
36 Not busy
37 Noggin
40 Gallery fill
42 Quarter-back
43 Beanie or beret
44 Print units



4-3

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

4-3 CRYPTOQUOTE

LGO VRE MPO ZKMMZO CRTTKM
PORCV MPO TLE MOZZ PKB GRGGE
MPRM PO QRB CORZ. PO QRB
LUOCNLXO TE ZLUO KG PKB PORCM.

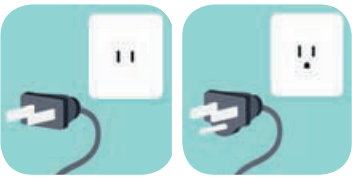
— "MPO UOZUOMOOG CRTTKM"
Cryptoquote: IN EVERY CURVING
BEACH, IN EVERY GRAIN OF SAND THERE IS THE
STORY OF THE EARTH. — RACHEL CARSON

Cruise ship Schedule: March 23 - 31 2026

			ARR	DEPT	BERTH	
MON	23	MARELLA DISCOVERY 2	08.00	20.00	C	1
TUE	24	NORWEGIAN SKY	13.30	22.30	C	1
		OASIS OF THE SEAS	08.00	23.00	I	1
WED	25	SERENADE OF THE SEAS	08.00	23.00	B	1
		CARNIVAL VISTA	13.00	23.00	C	1
FRI	27	REGAL PRINCESS	09.00	22.00	C	1
MON	30	EXPLORA II	09.00	18.00	C	1
TUE	31	CARNIVAL HORIZON	08.00	22.00	B	1
		AIDABLU	11.30	22.00	C	1
		NORWEGIAN SKY	13.30	22.30	I	1
		FREEWINDS	09.30	****	E	1

Helpful tips for your stay on Aruba

(Oranjestad)—When traveling to another country, especially for the first time, it is always better to be over-prepared than under-prepared. That is why we have a list of basic but important information that we think may come in handy to Aruba's visitors.



Electrical power

Aruba generally operates on 110V to 127V supply voltage and 60Hz. There are also three types of outlets used on the island: type A with two flat prongs; type B with two flat and one grounding prong, and on occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and establishments.



Drinking water

The water that flows through the sinks of every house, hotels and other establishments is distilled and perfectly safe to drink. Aruba's drinking water exceeds WHO's international standards for water quality, so there is no need to buy bottled water from the store.



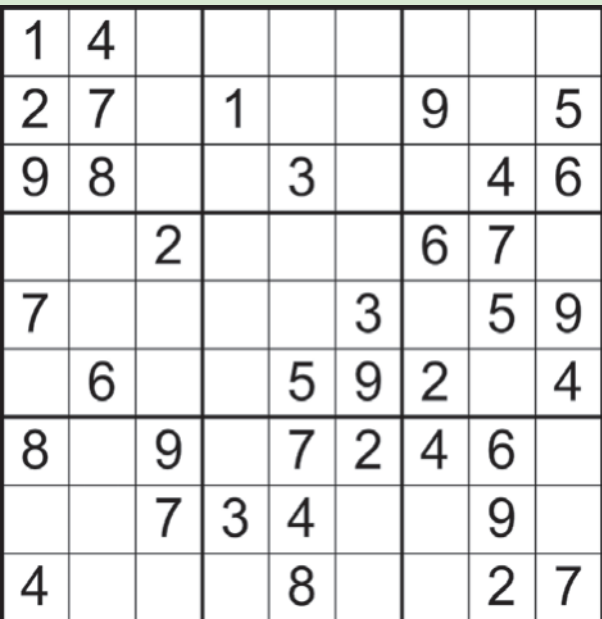
Safety

Since February 2024, Aruba has been categorized as the safest country in the Caribbean by The Telegraph, and many tourist that visit have often told us how they feel safe to explore the island or walk around at night. However, rare incidents do occur, so keep yourself and your belongings safe.

SUDOKU

To play sudoku, use logic to fill the empty squares so that each row, each column and each 3x3 box contains the numbers 1-9 only once. Puzzle difficulty increases from Monday to Sunday.

King Classic Sudoku



Difficulty: ★

3/23

Answer to previous puzzle

1	5	6	4	8	3	2	7	9
7	3	2	1	6	9	5	8	4
4	9	8	7	2	5	6	3	1
2	1	9	8	3	6	7	4	5
6	7	5	9	1	4	3	2	8
3	8	4	2	5	7	1	9	6
9	2	1	5	7	8	4	6	3
8	6	7	3	4	1	9	5	2
5	4	3	6	9	2	8	1	7

Difficulty: ★★★★★

3/22

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Matisse's last years cut out -- but not pasted -- at Paris expo



A visitor views "Composition avec une Croix Rouge" (Center, 1947) and other works of art by French painter Henri Matisse displayed at the exhibition "Matisse, 1941-1954" at the Grand-Palais museum in Paris on March 19, 2026.

Paris, France

The final years of Henri Matisse's artistic life, marked by the Nazi occupation of France and a brush with death and surgery, will light up a twilight retrospective opening next week.

From Tuesday, the Grand Palais in Paris will see a reunion of seminal series by the late French master, such as "Blue Nudes", "Jazz" or the monumental "La Gerbe" (The Sheaf), revealing the ageing painter's prolific work ethic despite his health woes.

The exhibition brings together 320 works, from media as varied as paintings, sketches, gouache cut-outs, textiles and stained glass, all drafted by the artist in the run-up to his death in 1954 at the age of 84.

Titled "Matisse 1941-1954", it chronicles a time when the Nazis considered Matisse a "degenerate" artist, during which he confessed to a friend that he came within a "whisker of death" after going under the surgeon's knife in 1941.

"At that time, he was therefore an elderly man, partially disabled and struggling to stand upright," said Claudine Grammont, the curator of the exhibition and a former director of the Matisse Museum in Nice.

Yet despite those woes, Matisse was about to embark on "the most prolific

moment of his career", Grammont added.

"It's truly his apotheosis, meaning that the artist reaches a state of nonchalance, of detachment... in short, a moment of grace." Grammont, who also heads the graphic art department at the French capital's famed Pompidou museum, bristles at the long-standing accusation that Matisse abandoned the art of painting for cut-outs in his old age.

"It has often been said, wrongly, that during this period Matisse stopped painting and did nothing but cut-out gouaches.

"Well, no: Matisse painted 75 paintings between 1941 and 1954."

Nonetheless, Matisse's supposed dotage was marked by an outbreak of inspiration.

"In 1950 alone, 40 works were produced. That's a lot for an 80-year-old man," Grammont said.

- 'Intimacy' -

Visitors will have until July 26 to catch the late Matisse's essential works, including the best part of his ornamentation for the Vence Chapel in southeastern France and its dozen paintings.

It also brings together four of his now-ubiquitous "Blue Nudes", which have become a modern cultural touchstone, visible on tourist-shop T-shirts and

the walls of student bedsits alike, even despite criticism of the artist's supposed colonialism from his time in Tahiti.

Matisse would often work on pieces such as 1953's "La Gerbe", with its splash of vividly coloured spiky cut-outs, at night, "because he was an insomniac", Grammont said.

For the curator, Matisse significantly altered his method in his final years, developing "a new iconographic vocabulary" through the cut-out to give his art a monumental scope.

Hence an exhibition on two floors, with spacious rooms capable of housing these large gouache cut-outs once pinned to the walls of his studio.

"What we wanted to recreate in the exhibition is this intimacy within the atelier," Grammont said.

"It's about being able to enter Matisse's studio and find yourself face to face with the artworks." □



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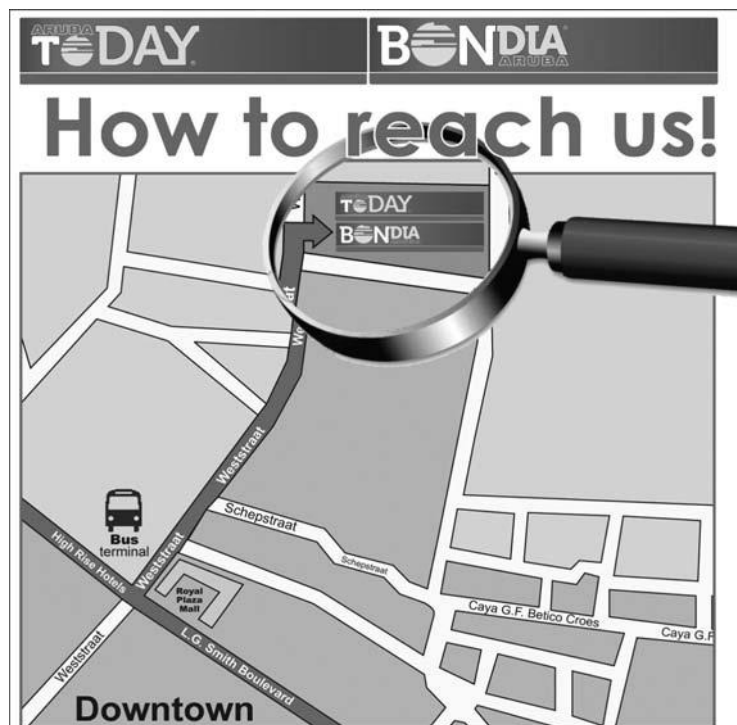
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ARUBA TODAY NEWS

Hodgkinson headlines Britain's 'Super Sunday' at world indoors

Torun, Poland

Keely Hodgkinson headlined a 'Super Sunday' for Britain at the world indoor championships as she stormed to victory in the 800m just minutes after teammates Georgia Hunter Bell and Molly Caudery had also triumphed.

Hodgkinson was then back on the track to anchor the British women's team in the championship-ending 4x400m relay, but they could only finish fifth in a race won by the USA.

Hodgkinson set a new world indoor record over 800m last month and proceeded to clock the second fastest time ever run over the distance for a stunning individual victory -- and a first global gold.

"I'm just happy and healthy to finish and, finally, to come into a championships as favourite and actually finish on top," said Hodgkinson, who clocked a blistering 1min 55.30sec for the win.

She was welcomed at the line by training partner Hunter Bell, who had just won the 1,500m, and Caudery, winner of the women's pole vault. The three golds came within the space of 28 minutes.

"There has been a lot going on in the last hour - everything seems a bit blurry to me!" said Hodgkinson, hailing herself and her gold medal-winning teammates as "three great examples" of British girls.



Britain's Keely Hodgkinson celebrates winning the women's final 800 metres event during the World Athletics Indoor Championships Kujawy Pomorze 2026 in Torun, Poland on March 22, 2026.

Hunter Bell had impressively reeled in Ethiopian front runner Birke Haylom at the bell to produce a crushing final lap in her race.

She clocked 3:58.53 for gold -- her first global victory after world indoor bronze last year, an Olympic bronze in the 1,500m and world outdoor silver in the 800m.

"This victory is so sweet," said Hunter Bell. "It's such a relief to win a gold medal. I knew I had to prepare mentally before coming here as a favourite."

"I was asking myself today why was I stressing, I knew I could win it. There were a lot of instincts today. There was a gap and I felt the pressure

from the pack -- I knew I had to close that gap."

Caudery, who previously won world indoor gold in Glasgow in 2024, was also not to be denied, clearing 4.85m to see off the challenge from Slovenia's Tina Sutej.

It was some reward for an athlete who went out of the heats at the Paris Olympics and was unable to compete at last year's world outdoors in Tokyo after sustaining an injury in the warm-up.

"This gold means so much more this time. I had a really tough two years so I really needed this," she said.

"Two years ago in Glasgow it was a 'Super Sunday' for GB as Josh Kerr and I won

gold medals, today feels like a 'Super Sunday', too. It's like repeating history but even better. Georgia and Keely have been amazing and I could have not wished for a better evening."

- Charlton matches WR -

In a heedy night's track and field, Devynne Charlton of the Bahamas matched her own world record when she defended her 60m hurdles title in 7.65 seconds.

"I knew I had run the world record, I knew I had it when I crossed the finish line," said Charlton, who overcame an early stumble.

"I know I could have run a bit faster too but, not having the best start, I will take it... I am

really proud to win my third world indoor title in a row." Spain's Mariano Garcia won the men's 1,500m crown, outstripping Portugal's world champion Isaac Nader for victory in 3:39.63.

Garcia became the first athlete in world indoor history to win titles at both the 800 and 1,500m, having won the former in Belgrade in 2022. Cooper Lutkenhaus won the 800m this time around, the 17-year-old American prodigy clocking 1:44.24 for gold to confirm his status as an absolute track star in the making.

"I came out here thinking I probably wasn't the favourite but any time I feel like I can step into a final I have a chance to win," said Lutkenhaus.

"Maybe it came from confidence or maybe from being too young but I really wanted to try to make a defining move."

Belgium's silver medallist Elliott Crestan said the American was "an incredible talent winning at 17 years of age. I think he can be the future Rudisha", in reference to the Kenyan legend David. Sofie Dokter of the Netherlands claimed gold in the pentathlon with 4,888 points, 28 ahead of American Anna Hall, while Portugal's Gerson Balde won the men's long jump with a best of 8.46m and the US team won the men's 4x400m relay. □



Sebastian Korda of the United States reacts after defeating Carlos Alcaraz of Spain during Day 6 of the Miami Open at Hard Rock Stadium on March 22, 2026 in Miami Gardens, Florida.

Miami, United States

World number one Carlos Alcaraz crashed out of the third round of the Miami Open on Sunday, beaten 6-3, 5-7, 6-4 by 36th-ranked

American Sebastian Korda. Korda notched his first victory over a world number one, sending Alcaraz to his second straight early exit in Miami -- where Alcaraz lifted

World No.1 Alcaraz beaten by Korda in Miami Open third round

the trophy in 2022 but lost his second-round opener to 55th-ranked Belgian David Goffin last year.

It looked like Korda had missed his chance when he served for the match at 5-4 in the second set and was broken at love.

Alcaraz won the next two games to force a third set. The Spaniard stepped up his intensity, but Korda didn't buckle and it was Korda who seized a break for 4-3 in the third when Alcaraz sailed a forehand wide.

He held his next service game with confidence, slamming down an overhead winner

on game point and after Alcaraz held serve to force Korda to serve for the match again, the American made no mistake, sealing victory on his second match point as Alcaraz sent a service return long.

"It feels great," said Korda, who has been ranked as high as 15th in the world but has endured two seasons disrupted by injury.

"I took the scenic route, that's for sure -- a little more stress than I would want but happy with how I played, happy with how I stayed with it."

"He's unbelievable in every aspect of his game, move-

ment, volleys, forehand, backhand, there's nothing he can't do," Korda said of Alcaraz, who won the Australian Open in January to become the youngest man to complete the career Grand Slam.

The 22-year-old Spaniard had followed that up with a title in Doha and had pushed his unbeaten 2026 record to 16-0 before falling in the semi-finals at Indian Wells this month.

Korda will face either Spanish qualifier Martin Landaluze or 14th-seeded Karen Khachanov for a place in the quarter-finals. □

Pogacar dreaming of cycling's 'Monument' Grand Slam

Paris, France

Tadej Pogacar's victory on Saturday at Milan-San Remo places the Slovenian rider in a position to potentially win all five Monuments in a single season — a feat that no cyclist has ever accomplished.

Asked about the upcoming Flemish classics, the two-time world champion insisted he needed a bit of time to let his triumph in the Primavera — which had become his main obsession — fully sink in.

But the dream of an unprecedented Grand Slam, requiring victories at the Tour of Flanders on April 5, Paris-Roubaix the following Sunday, Liege-Bastogne-Liege on April 26, and finally the Tour of Lombardy on October 10, is alive.

"Pogi" has a real chance to pull off what even the great Eddy Merckx — one of only three riders, along with fellow Belgians Rik Van Looy and Roger De Vlaeminck, to have won all five major classics in their careers — never managed within a single year.

Pogacar has already won the Tour of Flanders, his next big race, twice. The Slovenian finds the steep, cobbled climbs of the Ronde perfect terrain for his physique.

He will be an even bigger favourite at Liege-Bastogne-Liege, which he has won three times, and at the Tour of Lombardy, where he has not lost in five participations. That leaves Paris-Roubaix, the only Monument missing from his collection and now, after solving the Primavera puzzle, his great challenge.

— To Roubaix "to win" —

"My form is good, and I'll go to the Tour of Flanders and Roubaix with a very strong team. We're going there to win both races," said the UAE leader after his epic victory on the line in San Remo, bloodied after a crash in the closing stages.

On paper, the Hell of the North — where the power riders rule — is off-limits for a climber such as Pogacar: in the 21st century, winners at the Roubaix Velodrome have weighed on average around 77 kg. He weighs ten

kilos less.

But his second place last year, at his first attempt, showed that he was capable of shining on this terrain as well.

"He has a better chance of winning Roubaix than he had of winning Milan-San Remo," said Italian veteran Matteo Trentin, a former teammate and still Pogacar's training partner around Monaco.

Pogacar's main rival on the northern cobbles will be Mathieu van der Poel, winner of the last three editions. Between them the two have won the last ten Monuments. But the Dutchman's defeat on Saturday will have an impact.

On Sunday, Van der Poel replied to a Pogacar Instagram post with a simple goat emoji — shorthand for 'Greatest of All Time'.

— 'Best of all time' —

Pogacar, who has pared his schedule down this season, seems more determined than ever.

"His mentality, the way he fought back after his crash to return to the front, is incredible," commented Tom Pidcock. "He's the best of all time, and he didn't need to do that, right? He's already won so much, and he was clearly suffering after the crash. But he kept fighting. Incredible."

Pogacar will arrive at Roubaix better prepared than last year, when he entered late after overcoming the reluctance within his team, worried about the risks of a crash.

After early reconnaissance of the route in December, he returned to the course



UAE Team Emirate's Slovenian rider Tadej Pogacar celebrates as he crosses the finish line to win the 117th Milan - Sanremo one-day classic cycling race, in Sanremo on March 21, 2026.

in early March, after his Strade Bianche victory, for "two intense days" with his Belgian teammate Florian Vermeersch.

"We put a lot of effort this winter into preparing for Roubaix," Pogacar said Saturday evening — efforts he

hopes will pay off on April 12 to complete his collection. There will be time afterwards to think about the other major goals of the year: equaling the record of five Tour de France victories and claiming a third consecutive world champion title. □



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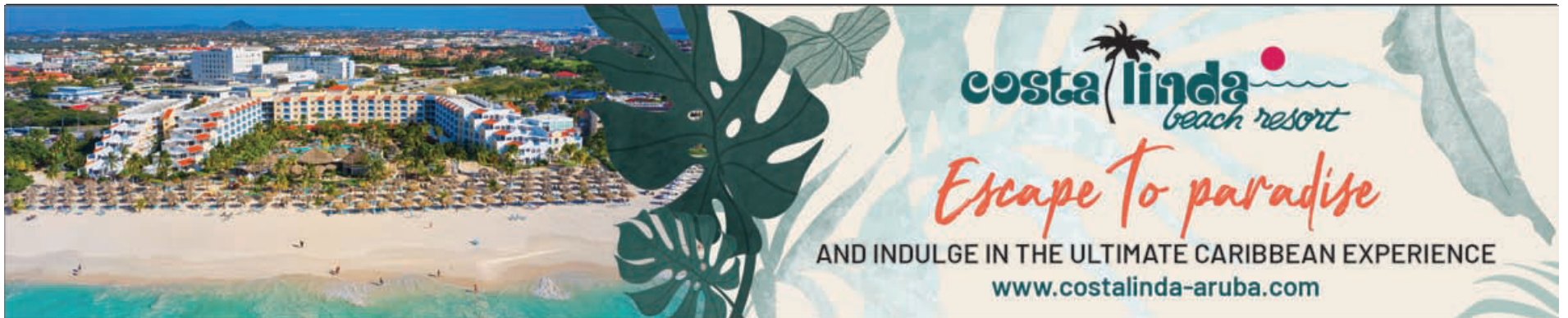
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Create precious memories in the heart of Costa Linda Beach Resort Water's Edge Restaurant offers the complete vacation experience!



(Eagle Beach) – Consider your family dinner plans taken care of at Water's Edge. Located in the heart of the Costa Linda Beach Resort and on the shores of the world-famous Eagle Beach in Aruba, Water's Edge offers an elegant yet cozy dining experience that the entire family can enjoy. Whether you're craving Steak, Seafood, International Dishes or a bit of the Caribbean flare, Water's Edge caters to all your culinary needs, all the while offering you a cozy and flexible service with a spectacular view of Aruba's top-rated sandy beaches.

Water's Edge's new menu has a great variety of appetizers, main courses and delicious desserts all on one menu specially made just for you. From the minute you arrive there will be a great staff welcoming you with the most contagious smiles and warmth. Flexible and professional service allows you to enjoy your meal in the cool and elegant indoor dining area, on the sandy, breezy beaches of Eagle Beach or by the open bar outside. Serving breakfast, lunch and dinner, Water's Edge has it all for you, any time of the day.

Start your day off with a hearty breakfast. Water's Edge offers a variety of delicious breakfast items, including their house specialties of Avocado Toast, Chicken & Waffles made with homemade Belgium waffles and topped with a gorgeous hot honey sauce. If you want something on the sweeter side, try their Crème Brûlée French Toast, served with an in-house mascarpone whip cream and topped with fresh fruit and powdered sugar. Or maybe the Traditional American Breakfast is more to your liking, complete with any kind of serving of eggs, bacon, sausage and toast, served with a side of hash browns.

For lunch, keep it easy with their handheld items like their Bacon and Cheddar Burger, Mediterranean Quesadillas or Street Tacos. Want a taste of the Caribbean? Try the Grouper Reuben; A local twist to the traditional Reuben, complete with rye bread, in-house 1000 island dressing, sauerkraut and grilled grouper, served with a side of Cajun Fries.

Dinner plans are set with Water's Edge mouthwatering dinner menu. Start your gastronomic journey with a scrumptious appetizer such as the Maryland Crab Cakes, maybe the Crispy Calamari or the delectable Coconut Shrimp. You can also opt for their Water's Edge House Wedge Salad or freshly made Shrimp Louie Salad, made with poached shrimp, tossed in Louie dressing, fresh avocados and vine ripe tomatoes. For something a bit heartier, try their classic French Onion Soup, Lobster Bisque or Crab and Corn Chowder.

Follow your appetizers with your choice of Seafood, Chicken or Pasta dishes. Enjoy their succulent Shrimp and Clam Sauce with Angel Hair Pasta, a nice plate of Chicken Francese or explore the Water's Edge Fish Market—your pick of Mahi Mahi, Snapper, Grouper or Salmon, served with homemade mashed potatoes, sauce of choice and fresh herbs and vegetables.

Meat Lovers will have their fix with choices of Steak, including a Petite Filet, French Rack of Lambs or their famous 14oz pan-seared Pork finished with a fantastic apple glaze. All our steaks options are seasoned with a blend of kosher salt and freshly cracked black pepper. Served with homemade mashed potatoes, seasoned vegetables and a choice of red wine reduction, green peppercorn demi-glaze, mushroom sauce, chimichurri or bacon blue cheese butter. Enjoy it with a side of fresh asparagus, seasonal vegetables, and four different types of fries. Combine your meal with your personal choice of international and exclusive wines.

Kids will enjoy every item of the specially compiled Kids Menu and there are also optional dishes for all vegans, vegetarians



and gluten-free guests.

End the culinary voyage with some luscious sweetness. Choose from a variety of dessert options, including a piece of coconut flan, NY cheesecake, carrot cake, chocolate brownie or our classic Tiramisu with kahlua and amaretto served with chocolate sauce and coffee jelly. Not to mention the fresh and light piece of key lime pie.

Live entertainment

For seven nights a week, there is live entertainment by the best local artists for you to enjoy. Whether you're in a romantic mood, or more in a swinging mood, every night is a relaxing experience under the stars, where you can combine great music with delicious cocktails. In addition, Water's Edge offers three daily Happy Hours from 12pm-1pm, 4pm-6pm and again from 9pm-10pm with all premium brands specially priced.

Water's Edge prides itself on bringing elegance and comfort to your dining experience, offering personalized service fit for everybody's needs.

Water's Edge is open daily from 8am – 11pm

To reserve your table please call +297 583 8000 Ext. 8106 or + 297 586 9494 (direct), or reserve your table online at reservations@watersedgearuba.com. For more information about the menus, entertainment and hours, please visit the website watersedgearuba.com 